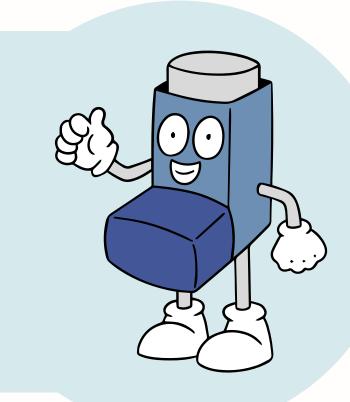


# When was your last inhaler review?



Have you been contacted by your healthcare team about a review? We're looking at ways that you can manage your condition more effectively and which also help the planet.





## Getting it right for you

There are many types of inhalers available, the right one for you will control your symptoms best.





# Helping you & the planet

That means it also reduces the number of puffs you need to take and that means a reduction of carbon.





## Here to help

It might take a couple of tries to get it right. Stay in touch with your healthcare team who can support you.





#### Return and check

Remember inhalers should be returned to your pharmacy - not put in your bin and its worth checking your cupboards to ensure you only ask for a new inhaler when needed.

